



Mini Field Map: Energetic Snapshot

Instructions:

Complete this short field scan with presence and honesty. You'll receive a 3-sentence intuitive reflection in return — not advice, but a mirror encoded for your next move.

1. Current Resonance

In one word, how would you describe the energy you're living in right now?

➤ _____

2. Friction Point

Where are you feeling resistance or emotional dissonance most clearly in your life right now?

(Choose *one* area that rises first — even if it's "unclear.")

➤ _____

3. Internal Inquiry

What question are you holding quietly but haven't asked out loud?

(The one that lingers when you're alone.)

➤ _____

4. Field Signal

Describe the tone or texture of your current self-expression in one sentence.

(How would others feel after being in your presence lately?)

➤ _____

5. Archetype in Focus

Which of these feels most active within you right now?

(Choose/ circle one)

The Healer

The Rebel

The Architect

The Visionary

The Sovereign

The Oracle

Submit to Receive Reflection

Upload or send this completed Field Map via [**form link** or email: **marina@marinatudor.com**], and within 3 business days, you will receive a 3-sentence **Intuitive Codex Reflection** written just for you — not predictive, not performative, but a resonance check designed to unlock clarity.