VIP Integration Gift

Private Breath Meditation Session

Axis of Alignment | Post-Conference Integration Space

You are invited into a private, high-resonance field of recalibration and restoration.

This **20–30 minute live breath meditation** is designed to support you in anchoring the internal shifts sparked by the conference. Not another session. Not another thing to do.

This is an **Axis of Being: Alignment Meditation** — a guided somatic portal where breath meets stillness, and the body reorganizes around clarity, coherence, and next-level integration.

This guided meditation is a recalibration tool designed to activate *Internal Coherence* across your Physical, Emotional, and Spiritual bodies. It gently aligns your **Vertical Axis** — from **Crown to Coccyx** — restoring energetic flow between Earth and Source. Through breath, intention, and still awareness, you reconnect to your core as both *individual* and *fractal expression* of a greater intelligence.

The practice dissolves the tension between **Ego and Essence**, stabilizing your consciousness in truth, not performance. You emerge re-centered, with your full system attuned to **clarity, presence, and coherence across all domains of Self.**

In this container, you will:

- Reclaim energetic sovereignty after extended visibility
- Recenter your nervous system around stillness, not stimulation
- Reconnect with your soul's voice beneath the noise of strategy

Held by: Marina Tudor, LCPC, CCTP **When:** Mon, Oct 27, 2025 @ 3:00pm EST

Where: Private Zoom Room (link shared post- RSVP)

Length: 20-30 minutes

Attendance: VIP-tier only — limited to 6 seats to preserve intimacy & curated container

This is sacred post-conference space: a return to Self before re-entering the world.

Join us live. One session. Limited to VIPs only.

RSVP now via [form link or email: marina@marinatudor.com] to receive your access link.